

# 2023 Spartan Superconference Schedule

<p>8:00-8:45</p> <p>East Court</p>	<p style="text-align: center;"><b>Registration</b></p>					
<p>8:45-9:45</p> <p>Keynote</p> <p>Meeting Room B 4th Floor Main Building</p>	<p style="text-align: center;">JP Nerbun</p> <p style="text-align: center;"><b>Igniting Transformation: Unleashing the Power of the Culture System</b></p> <p style="text-align: center;"><a href="#">Post Conference Link for Virtual Attendees</a></p>					
	<p>East Court Main Building</p>	<p>North Court Building B</p>	<p>South Court Building B</p>	<p>Women's Basketball Team Room</p>	<p>Meeting Room A 4th Floor Main Building</p>	<p>Meeting Room B 4th Floor Main Building</p>
<p>10:00--10:45</p> <p>Session 1</p>	<p>Snacks and Vendors</p>	<p>Volleyball</p> <p><b>Brynden McTavish</b></p> <p>Providing creative ways for athletes to learn</p>	<p>Basketball</p> <p><b>Luke Ridnour</b></p> <p>Offensive Drills and Strategies</p>	<p><b>Graham Roxborough</b></p> <p>How to build a culture that wins beyond the game</p>	<p><b>Ryan Hofer</b></p> <p>Allowing athletes to play free</p>	<p><b>Jim Murphy</b></p> <p>Why confidence is overrated and what is even better</p> <p><a href="#">Virtual Real Time Link for Virtual Attendees</a></p>
<p>11:00-11:45</p> <p>Session 2</p>		<p>Volleyball</p> <p><b>Saralyn &amp; Jeff Stel</b></p> <p>Drills to build and evaluate your team</p>	<p>Basketball</p> <p><b>Luke Ridnour</b></p> <p>Defensive Drills and Strategies</p>	<p><b>Mike Shearon</b></p> <p>The Birdman, Pep and Troy... What is possible in your sport?</p>	<p><b>Carol Hofer and Gord Hopper</b></p> <p>Canadian expectations for Safe Sport Practices and how they apply to the school setting</p>	<p><b>JP Nerbun</b></p> <p>: Empowering Teachers with the Culture System</p> <p><a href="#">Post Conference Link for Virtual Attendees</a></p>

<b>11:45-12:25</b> <b>East Court</b>	<b>Lunch</b>					
	<b>East Court Main Building</b>	<b>North Court Building B</b>	<b>South Court Building B</b>	<b>Women's Basketball Team Room</b>	<b>Meeting Room A 4th Floor Main Building</b>	<b>Meeting Room B 4th Floor Main Building</b>
<b>12:30-1:15</b>  <b>Session 3</b>	<b>Snacks and Vendors</b>	<b>Volleyball</b>  <b>Saralyn &amp; Jeff Stel</b>  Drills to build and evaluate your team	<b>Basketball</b>  <b>Levon Kendall</b>  Shooting Drills	<b>Andrew Lenton</b>  Specialization vs All Round Athlete...What does the research say?	<b>Cole Hergott S&amp;C</b>  How to build speed and power	<b>Dani Sinclair</b>  Lessons from my coaching journey  <b>Virtual Real Time Link</b>
<b>1:30-2:15</b>  <b>Keynote #2</b>  <b>Meeting Room B 4th Floor Main Building</b>	<b>JP Nerbun</b>  <b>The Sports Parent Solution</b>  <b>Post Conference Link for Virtual Attendees</b>					